



# Berkshire Tai Chi



## CHEN STYLE: *Broadsword (Dao)*

1. Opening
2. Broadsword Protects the Heart
3. Green Dragon Emerges from the Water
4. Wind Scatters the Broken Flowers
5. White Clouds Cover the Peak
6. Black Tiger Searches the Mountains
7. Su-Chin Bears Sword
8. Golden Rooster Stands on One Leg
9. Rolling Away from the Blade
10. Cut the White Snake at the Waist
11. The Sun Revolves Three Circles
12. Scatter the Clouds and See the Sun
13. Separate the Grass to Look for the Snake, Left
14. Separate the Grass to Look for the Snake, Right
15. Green Dragon Emerges from the Water
16. Whirlwind Withers the Flowers
17. Goose Separates Its Golden Wing
18. Flesh Eating Demon Explores the Sea
19. Turn Left to Chop
20. Turn Right to Chop
21. White Snake Spits Out Its Tongue
22. Embracing the Moon
23. Closing Form